

COUNSELING & MENTAL HEALTH SERVICES

You should first contact your health insurance for a list of providers in your network.

New Directions Employee Assistance Program (EAP) - Referrals to counseling and other services that are free and confidential. Available from certain employers and their families; ***check with your employer for availability.***

Phone: 1-800-624-5544 or contact your employer

Website: www.ndbh.com/Home.aspx

Saint Luke's North Hospital – Offers comprehensive mental health services, including psychiatric assessment and inpatient treatment for adolescents 12 and older.

Address: 601 S. 169 Hwy, Smithville, MO 64089

Phone: Main - 816-532-3700

Phone: Adolescent Unit – 816-532-7202

Website: www.saintlukeshealthsystem.org

Two Rivers Hospital – Provides behavioral healthcare and stabilization for adolescents, children, and adults with psychiatric disorders. Take most insurances.

Address: 5121 Raytown Rd

Phone: 816-382-6300, 800-225-8577

Website: www.tworivershospital.com

Crittenton Children's Center – A faith-based, not-for-profit organization. Provides psychiatric hospital services, residential and in-home services, outpatient clinic services. Takes most insurances.

Address: 10918 Elm Ave, Kansas City, MO 64134

Phone: 816-765-6600

Website: www.saintlukeshealthsystem.org

Change-Pointe – A psychologist office focusing on the evaluation, prevention, diagnosis, and treatment of mental, emotional, and behavioral health issues.

Address: 2212 Lovers Lane, St. Joseph, MO

Phone: 816-279-7093

Family Guidance Center – Mental health/counseling and addiction treatment services for children, adolescents, adults, and families.

Address: 101 W. 3rd St, Cameron, MO

Phone: 816-632-6161

Phone: 888-279-8188 (24-hour crisis line)

Website: www.familyguidance.org

Main Office in St. Joseph: [724 N. 22nd, St. Joseph, Mo. 64506](http://www.familyguidance.org)

Phone: [816-364-1501](http://www.familyguidance.org)

Dipoto Counseling Services – Individual, marriage and family therapy, substance abuse counseling, testing and assessment, home-based counseling, educational consultation, critical incident debriefing.

Two locations:

Address: 5950 N Oak Tfwy, Ste 104, Kansas City, MO 64118

9 Victory Drive, Suite 2B, Liberty, MO

64068

Phone: 816- 268-8501

Website: www.dipotocounselinggroup.com

Catholic Charities - Mental health counseling services, teen anger management program.

Address: 902 Edmond St. Ste 204 St. Joseph, MO 64501

Phone: 816-232-2885/ 1-888-629-2886

Website: www.catholiccharities-kcsj.org

Norcon Family Counseling Services – Individual and family therapies; specializing in child and adolescent counseling.

Address: 17 E. Kansas, Liberty, MO 64048

Phone: 816-781-2349

Website: <http://www.norconfc.com/>

Probasco & Associates – Counseling and mental health services for children, adolescents, and adults.

Offers play therapy.

Address: 1129 W. Kansas St. Ste B, Liberty, MO 64068

Phone: 816-781-8550

Website: <http://probascoandassociates.com>

Comprehensive Psychiatric Services – Psychiatric services, medication evaluation, family and individual therapy for children and adults.

Address: 305 NW Englewood Court, Suite 300, Gladstone, Missouri 64118

Phone: 816-453-7473

Website: www.cpa-kc.com

Merillac – Acute residential (for crisis) and outpatient treatment; substance use services for youth who are using and/or abusing drugs and/or alcohol; non-acute, inpatient care to children ages 12 to 17 who are challenged with a psychiatric condition.

Address: 8000 W 127th St, Overland Park, KS 66213

Phone: 913-951-4444

Website: www.merillac.org

Meritas Health Psychiatry – Therapy, psychiatric evaluations, medication services, substance abuse services.

Address: 211 NE 54th Street, Suite 201, Kansas City, Missouri 64118

Phone: 816-453-6777

Website: <http://www.meritashealth.com/home/locations/psychiatry/>

Metis Counseling – Counseling for children, adults, and families.

Address: 7211 NW 83rd Street, Suite 200, Kansas City, MO 64152

Phone: 816-399-4204

Website: metiscounseling.com

Synergy Services – Sliding scale, reduced fee, and private insurances accepted. Family and individual therapy for children and adults.

Address: 400 E. 6th St., Parkville, MO

Phone: 816-741-8700

Website: <http://synergyservices.org>

Sandra Epperson – Family and individual counseling.

Address: 3805 N. Oak Tfwy, Kansas City, MO

Phone: 816-454-5525

Summer Ward – Counselor

Address: 724 N 22nd St, St Joseph, MO 64506

Phone: (816) 364-1501

Great Circle – providing a unique spectrum of behavioral health services to children and families. With specialized programs and highly trained professionals, we provide hope to those in difficult circumstances throughout Missouri and beyond.

Phone: 816-531-7737

Address: 3500 North Village Drive, Suite 216, St. Joseph, MO 64506

Website: <https://www.greatcircle.org>

Mosaic Life Care - Counseling Care

Phone: (816) 271-6573

Address: 3620 Frederick Avenue, St. Joseph, MO 64506

Website: <https://www.mymosaiclifecare.org>

Northwest Health- Behavioral Health Services– By focusing on prevention, diagnosis, treatment and recovery Northwest Health Behavioral Health Services helps people stay healthy, understand what is wrong, and get better to live better. Northwest Health mental and emotional health services include a range of counseling, case management and education services to all ages, genders, regardless of ability to pay.

Phone: (816) 232-6818

Address: 2303 Village Drive, St. Joseph, MO 64506

Website: <http://www.nwhealth-services.org/>

SPECIFIC COUNSELING NEEDS

Metropolitan Organization to Counter Sexual Assault (MOCSA) – Offers therapy, support, and advocacy for victims of rape and sexual assault, for sexually abused children and families, and for adult survivors of childhood sexual abuse.

Address: 3100 Broadway St., Kansas City, MO 64111

Phone: 816-931-4527

Rape Crisis Line: 816-531-0233

Website: www.mocsa.org

Northwest Missouri Children's Advocacy Center – Serves children aged 2-17 years who have been sexually or physically abused or neglected. Provides forensic interviews and counseling. All services are free of charge.

Address: 1807 N. Woodbine Rd. #E, St. Joseph, MO 64506

Phone: 816-232-1744

Website: www.nwmocac.org/

Solace House – A grief counseling center specifically designed to guide children, individuals, and their families through the time following the death of a loved one.

Address: 8012 State Line Rd., Ste 202, Overland Park, KS, 66208

Phone: 913-341-0318

Website: www.solacehouse.org

Insight Counseling, LLC – Counseling specializing in eating disorders and body-image concerns. Services combine psychotherapy and/or counseling coupled with careful attention to medical and nutritional needs.

Address: 8400 W. 110 St. Ste 610, Overland Park, KS

Phone: 913-631-3800 x102

Website: www.insightkc.org

Research Psychiatric Center – Services for behavioral health and chemical dependency for adolescents and adults. Day programs and outpatient services. STAR (Stress, Trauma, Addictions, and Recovery) program for active duty service members.

Address: 2316 E. Meyer Blvd, Kansas City, MO (Main)

Address: 2323 East 63rd St, Kansas City, MO (Psychiatric Center)

Phone: 816-276-4000 (Main)

Phone: 816-235-8162 (Psychiatric Center)

Website: www.researchmedicalcenter.com/services

Website: <http://researchpsychiatriccenter.com>

Susan Peach, MSW/LCSW – The Adoptive Family Treatment Center – Services targeted for unattached children.

Address: 8519 W. 21st St, Kansas City, MO
Phone: 816-836-2920

Kansas City Center for Anxiety Treatment – As a treatment, training, and research facility, KCCAT offers expert assessment and cognitive behavioral services for all ages based on the most current advancements in the field of mood and anxiety disorders.

Phone: (913) 649-8820

Address: 10555 Marty St., Ste. 100 Overland Park, KS 66212-2555

Website: <http://kcanxiety.com/>